



Communion with the Lord

*Prayer is the occupation of the heart with needs,
and praise is the occupation of the heart with
blessings, so worship is the occupation of the heart
with God Himself. Alfred Gibbs*

For you as a Christian, communion with the Lord Jesus involves the exchange of thoughts and feelings in conversation with Him, and He with you. Journaling is the spiritual exercise of recording that prayer life on paper. It is the personal thoughtful record of your inner heart and devotion to the Lord Jesus through the Scriptures. As such, journaling will be an aide to your personal journey of transformation in Christ. It facilitates internalizing what the Holy Spirit reveals to you through God's Word, the Holy Bible, and gives you a ready reference point to return to in remembering what the Lord has shared with you and His responses to your requests.

Having learned this herself, Altha then developed a simple format for journaling that might encourage other believers to avail themselves of this discipline. Listen carefully now to a short portion of John Gills exposition on Psalm 91:1

"...His secret place is His heart, His bosom, where His only-begotten Son lies; and into which He takes His people, where they are set as a seal, and who enjoy intimate communion with Him; which is no other than His gracious presence, Psalm XXXI 20, which none but saints are admitted to, when His everlasting love, which was a secret in His heart, is made known unto them, and in which they also dwell.

Our prayer is that this simple format for journaling will be helpful to you in developing and cultivating an intimate time of communion with your Lord and Savior, Jesus Christ.

In the Glorified One,
Marjorie
July 14, 2013

Date

Personal Communion with God

Prayer

*All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof,
for correction, for instruction in righteousness. 2 Timothy 3:16*

Share with family, Children, Friends, and others

<i>Praise</i>	<i>Passage</i>	<i>Notes</i>

<i>Personal Application</i>

