



EXCHANGED LIFE LIVING

DISCIPLESHIP

Study Guide



Galatians 2:20
Romans 6:6

MAN IN DISTRESS

1. What destroyed the intimate friendship that man and woman had with God?
How did this happen? _____
2. What did we 'inherit' at the fall? _____
3. What law works in the 'state of death' that we were born into? _____
4. What causes us to relate to others in a twisted manner? _____

REJECTION SYNDROME

5. What are the two types of rejection? a) _____ b) _____
6. Which of the emotional results can you relate to? _____

ATTITUDES AND REACTIONS

As you look at these attitudes and reactions, remember that recognition of these in you is important. But, focusing on these will not help you grow into all that God has created you to be:

*For we are His workmanship, created in Christ Jesus for good works,
which God prepared beforehand that we should walk in them.
Ephesians 2:10*

7. List some of the attitudes or reactions that are part of your response in relating to others. _____

Pray that the Holy Spirit will strengthen you to walk in this new life and to teach you the truths you need to experience this walk.

Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new. II Corinthians 5:17

THE WHEEL AND THE LINE DIAGRAMS

8. (page 7) The three parts of man are body, soul, and spirit. Fill in the blanks from the diagram.

		? Consciousness	Relates to ?
Body	Physiological	_____	_____
Soul	Psychological	_____	_____
Spirit	Spiritual	_____	_____

9. (page 8) In this diagram, the C in the circle represents Christ entering into us (arrow to S in the middle). What are the 5 things that happen when Christ comes in?

1. _____
2. _____
3. _____
4. _____
5. _____

10. (page 9) This diagram shows the needs and difficulties a person may face and how they are expressed in the soul. The five areas of need are grouped into frustrations within the self which are then expressed as hostility. How do you express your hostility? Which area of frustration is your biggest challenge?

11. (page 10) This diagram shows how the frustration can also affect the body. This shows us that because self is at the center that all of this conflict has developed and continues to grow.

12. (page 11) Notice that the "S" is not the center anymore, it is now "C" - Christ. Because Christ does not feel insecure, inadequate, etc these things are progressively expelled from the life. And we learn to respond as Jesus responds.

13. (page 12) This diagram represents life - eternal life, which is found only in Christ (Jesus Christ is the same yesterday, today, and forever. Hebrews 13:8). The cross in the middle represents Jesus' earthly experience. Write out Romans 5:8. What does this verse say about why Jesus came? _____

14. (page 13) This diagram represents our life in Adam and our relationship to God (separation; spiritually dead) unless our life is intersected by Christ's life. We can enter into Christ's life through the cross; we can be born into new life - spiritual life. Read Romans 5:17-21, what did we gain through Christ?

15. (page 14) This diagram show us moving from the Adam lineage to Christ's life. When we enter into Christ's life, we enter into His life of death - death to our Adam lineage and birth to our Christ life. Write out Romans 6:6, 11, 13 and note what we "know" (6), "reckon" (11), and "yield" (13). _____

16. We are not only to understand this truth intellectually and theologically, but also to enter into the experience of it by an act of faith. Write out Galatians 2:20.

IDENTIFICATION

16. What is the definition of identification? _____

17. Our entering into Jesus' life is that He raises us with the same resurrection life that conquered His death. What is this the beginning of? _____

18. What do we inherit? a) _____ b) _____ c) _____

19. The principle of dying to live is taught by Jesus in John 12:24, write out this verse and meditate on the truth (remember the diagrams). _____

20. The following verses focus on our identification in Christ's death. Write each out and ask the Holy Spirit to "open the eyes of your understanding" to the truth:

Romans 6:3-6 _____

Galatians 2:20 _____

II Corinthians 5:17 _____

THE CROSS IN THE LIFE OF THE BELIEVER

21. Write out the following verses about the Cross of Christ:

A. Matthew 16:24: _____

B. Mark 10:21: _____

C. Romans 6:6: _____

D. Romans 5:9-10: _____

E. Galatians 5:24: _____

F. Galatians 2:20: _____

SANCTIFICATION

22. What is the definition and process of sanctification? _____

23. Who does the work of sanctification in our lives? _____

24. Write out I Corinthians 1:30 and indicate Who is our sanctification? _____

POSITION

25. What is the definition of position? _____

26. How is our Christian walk to be lived? _____

APPROPRIATION

27. What is the definition of appropriation? _____

28. What does the Lord ask us for in His bringing us into His image?

_____ And how is this defined? _____

29. What are the two ways in which we participate as we come to the Lord:

1. _____

2. _____

30. Write out Hebrews 4:13, what does this verse have to do "with unveiled face"?

31. Write out Psalm 27:8. Why are we instructed to continually seek the Lord's face? _____

32. The following verses reveal some of the characteristics of God's Word. Write them out and reflect on these truths and the tremendous power of God's Word.

Psalm 119:49-50 _____

Joshua 1:8 _____

Romans 12:1-2 _____

33. How are we transformed? _____

SELF-IMAGE

34. What is the definition of self-image? _____

35. We are vessels full of _____ because we have been _____

36. Look at "Who Are You?" on page 25. Which truths are real to you now?

Find two truths that are not real to you. Write out the scriptures (maybe also on a card to carry with you) and memorize them. Pray them back to the Lord asking Him to make these truths real to you.

1) _____

2) _____

PRAYER

37. What is the definition of prayer? _____

38. What are the ten guidelines for attitudes of prayer?

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

39. Write out I John 1:9. What is confession? _____

40. Faith is trust. Faith must always have an object. God is the object of faith and faith is a gift from God. And, God is the only One who can see faith. We are to pray demonstrating our faith. Also prayer consists of the attitude of our heart. Write out I Samuel 16:7, then pray and ask God what He sees in your heart.

41. Read through the list of prayers in the text at number 11. Choose one prayer and write down the things we can learn from that example of prayer.

SPIRITUAL WARFARE

42. Write out Ephesians 6:13-17 _____

43. How is war defined? _____

44. What are the six pieces of the Christian's armor?

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

45. What is the use of the belt of truth? _____

46. Ray Stedman says, "The breastplate of righteousness protects the emotions."
What does the mean in light of I John 2:16? _____

47. How and why are our feet protected? _____

48. Write out I Corinthians 10:13, what does this say about our "shield of faith"?

49. Why is the helmet so important? _____

50. Looking at the "sword of the Spirit", the defenders immediate attack in a fencing
duel depends on _____, _____,

and _____.

51. What is the spiritual application of the fencing duel? _____

Yes, I know rejoicing is difficult depending on the circumstances. But, we have a choice between rejoicing (or glorying) in the circumstances or in discouragement.

52. List a few of the facts regarding discouragement. _____

53. Write out II Corinthians 5:21 _____

Remember: You are the righteousness of God in Christ. You do have a choice: rejoicing or discouragement. God's Word says, "My grace is sufficient for you, for My strength is made perfect in weakness." II Corinthians 12:9

SUFFERING

54. What is the definition of suffering? _____

55. Write out II Timothy 3:12 _____

56. What is the purpose of suffering (definition of *dokimazo*)? _____

57. God allows us to go through suffering to purify us. Write out the following verses and what we have as a result of the purification process.

Deuteronomy 4:20: _____

Job 23:10: _____

I Peter 1:7: _____

58. Read the excerpt from "The Problem of Pain" by C.S. Lewis. Write out a prayer of thanks to the Lord for what He is teaching you through suffering.

BELIEVER'S VICTORY

59. What is the definition of the believer's victory? _____

60. What are the four ways we are united with Christ?

1. _____
2. _____
3. _____
4. _____

61. What is the center of the walk of victory? _____

62. What must be surrendered to Christ in order to maintain victory? _____

63. The blood shed on the Cross delivers us from the effects of sin. Write out I John 1:9 and Hebrews 9:14. What do these verses tell us about Jesus' blood?

*Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and **let us run with endurance the race** that is set before us, **looking unto Jesus, the author and finisher of our faith**, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. Hebrews 12:1-2*

May the completion of this study be only the beginning of a new found joy in your relationship with our Comforter Holy Spirit, our Lord Jesus Christ, and our Father God.