



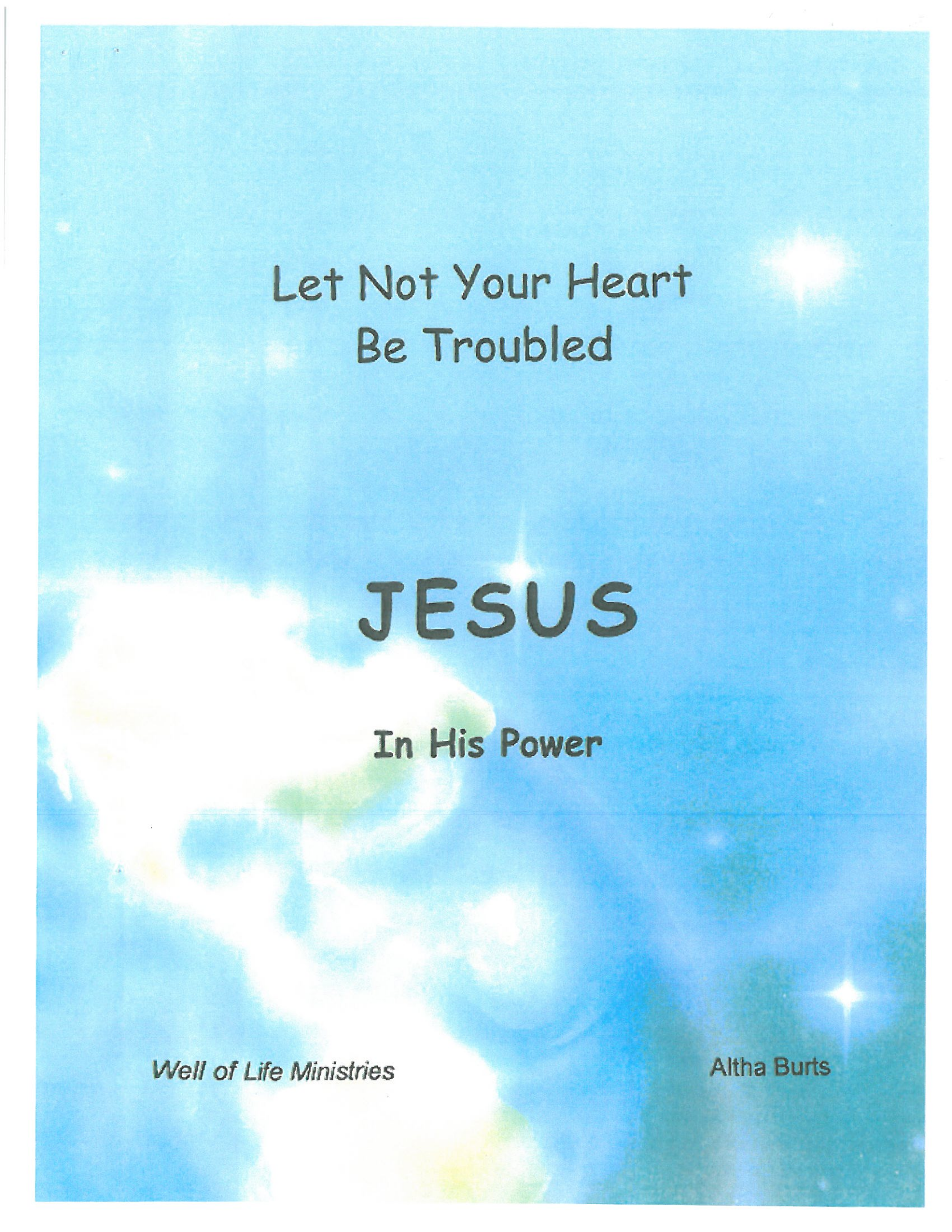
Colossians 2:2-3

Staying Up Higher Ministry

Additional Teachings

**Let Not Your Heart
Be Troubled
(John 14:1)**

**JESUS,
In His Power**



Let Not Your Heart
Be Troubled

JESUS

In His Power

Well of Life Ministries

Altha Burts

Jesus said:

"Let not your heart be troubled; you believe in God, believe also in Me."

Outline

- 1) Believe: John 14:1
 - a) Disciples troubled in heart
 - i) Jesus going away (John 7:34, 8:21, 12:8, 35, 13:33)
 - ii) Jesus going to die (John 12:22-32)
 - iii) One of the 12 was a traitor (John 13:21)
 - iv) Peter disowns Jesus (John 13:38)
 - v) Satan against all of them (Luke 22:31-32)
 - vi) All disciples would fall away (Matthew 26:31)
 - b) Jesus gave them truth
 - i) "Believe on Me"
 - ii) "Trust Me"
 - c) What does it mean to believe?
 - i) "Absolute transference of trust from oneself to another"
 - ii) "To rest upon another, trust practically, to draw upon all that is offered"
 - d) How do I believe?
 - i) Behold Him in His power (I Corinthians 3:18; Psalm 105:4; I Chronicles 16:8-13)
 - ii) Ask for revelation (Ephesians 1:17; Philippians 3:10)
- 2) The Lord of Hosts: The Power of Jesus
 - a) King of Glory (Psalm 24:8-10)
 - b) Lord of Hosts – all hosts
 - i) Lord of angelic hosts (II Kings 19:35; Isaiah 37:36)
 - ii) Lord of feathered hosts (I Kings 17:1-6)
 - iii) Lord of the animal hosts (Daniel 6:22)
 - iv) Lord over all the human hosts (Proverbs 21:1; Exodus 34:24)
 - v) Lord of all the hellish hosts (Job 1:6-12; 2:1-6; Matthew 8:29; Mark 1:27)
 - vi) Lord of stellar hosts (Joshua 10:13; Psalm 19:1)
 - vii) Lord of the elements (Mark 4:41; Psalm 147:15-18)
 - viii) Lord of light and darkness (Exodus 10:22)
 - ix) Lord of all heavenly bodies (Matthew 2:9)
 - c) He upholds all things by His power (Hebrews 1:3)
 - d) Jesus is Lord – Lord of all! (Revelation 19:16)

I've entitled this morning's teaching "Let Not Your Heart be Troubled." I think it's an appropriate theme for us because, as you know, our hearts are often troubled.

Now this verse is a familiar passage taken out of John 14. Jesus was having some very intimate time with His disciples when He said, "Let not your hearts be troubled; ye believe in God, believe also in Me."

But, the disciples were troubled in heart. They were discouraged.

Let's look at their circumstances for a moment for in their thinking they had much to be troubled about:

Jesus said:

- That He was going away John 7:34, 8:21, 12:8, 35, 13:33
- That He was going to die John 12:22-32
- That one of the twelve was a traitor John 13:21
- That Peter would disown Him 3 times John 13:38
- That Satan was at work against all of them Luke 22:31-32
- That all the disciples would fall away Matthew 26:31

The combination of all of those revelations must have really depressed and frightened the disciples. Jesus knew 'their hearts' were troubled, so He gave them comfort by giving them 'truth', by helping them to come up higher in their thinking. He told them, "I'm going to prepare a place for you (that's a promise). I'm coming again to receive you to myself (that's another promise). He gave them promises on which to believe Him for.

He wanted them to believe on Him to care for their circumstances just as He tells us today to believe on Him for our own circumstances. It seems pretty clear to me that He is calling forth faith from our hearts. And, in this way, we will begin to be untroubled.

As I was reflecting on these verses, two questions came to my mind:

1. What does it really mean to believe on Jesus?
2. How do I get to the place where my whole heart (not just my mind) believes on Him for all that goes on in my life?
 - To give me mental and bodily strength
 - To guide me with my children
 - To give me wisdom when I need it
 - To give me rest when 24 hours is not enough time in the day
 - To move in my child's heart to 'want' to do the right thing
 - To protect my children in an age that is as dangerous as this one

The first question was answered rather easily. The word 'believe', in this context means,

"the absolute transference of trust from oneself to another – nothing holding back." To believe (or to trust another) means to rest upon them, to trust them practically; to draw upon and avail oneself of all that is offered to us in them."

This is the definition of the word believe in this context here in John 14. In essence He is saying "trust me to be to you all that I am."

Now, my second question is "How do I get to the place of such certainty?"

The Lord impressed on my own heart that in order to get to the place of believing on Him, we need to "behold Him in His power." We need to contemplate, meditate, and ask Him to reveal Himself to us as the Omnipotent One. As the One who is perfectly capable of performing or bringing about all that He says He will do on our behalf.

The Psalmist says, "God hath spoken once, twice have I heard this: that power belongeth unto God." (Psalm 62:11). Power belongeth unto God and to Him alone.

We can be certain from the scripture that Jesus is able to perform, to bring about, all that He promises, by looking at a wonderful title given to Him in several passages. This title is "The Lord of Hosts". Jesus is the Lord of Hosts.

Not only Lord, but the Lord of Hosts. The Psalmist says

8. *"Who is this King of Glory? The Lord strong and mighty, the Lord mighty in battle! Lift up your heads, O you gates!*
9. *Lift up, you everlasting doors! And the King of glory shall come in.*
10. *Who is the King of glory? The Lord of hosts, He is the King of glory.*

He is not only Lord, but the Lord of Hosts – plural.

The revelation of this truth to our heart about Jesus will move us toward trouble free hearts.

He is the Lord of Hosts. What does the term 'hosts' mean? What does it include?

It includes everything that has been created (Genesis 2:1).

God created all hosts by His power (Psalm 33:6) and preserves their existence by this same power.

This title communicates to us His absolute rulership over the entire universe. But not only that, but that He is ready at any moment to exercise His power and intervene for us.

Let us behold the scope of His sovereignty together.

He is sovereign in every realm:

- He is Lord of the angelic hosts above. He created all angelic beings and they carry out His will and purpose on our behalf, as Hezekiah learned when one angel, at our Lord's command, slew 185,000 Assyrians (II Kings 19:35, Isaiah 37:36).
- Jesus is also the Lord of all feathered hosts of the sky. His power brought the birds into being and they willingly act as messengers when needed, as Elijah discovered when the ravens fed him (I Kings 17:1-6).
- God is Lord of the animal hosts, as Daniel experienced when He closed their mouths (Daniel 6:22).
- God is Lord over all human hosts and would have us cease from fearing man (Proverbs 21:1; Exodus 34:24)

Proverbs 21:1 The king's heart is in the hand of the LORD, Like the rivers of water; He turns it wherever He wishes (Ephesians 1:1; James 4:13, 15; Proverbs 16:9; Psalm 31:15; 37:7).

- As to the hellish hosts, God is supreme over that realm as we see in the book of Job (Job 1:6-12; 2:1-6; Matthew 8:29; Mark 1:27).
- God is likewise the Lord of all the stellar hosts: the sun, the moon, and the stars. They are His handiwork. Having created them, He controls them, as Joshua realized when God made the sun stand still as he fought to victory over the Amalekites (Joshua 10:13). "The heavens declare the glory (the power) of God" (Psalm 19:1).
- The wind blows where He pleases, "Then Jesus arose and rebuked the wind, and said to the sea, 'Peace, be still.' And the wind ceased and there was a great calm." The disciples expressed that even the winds and the sea obey Him (Mark 4:41).
- All of the alterations and variations of the elements are under God's care. The Psalmist says:

He sends out His command to the earth;
His word runs very swiftly.
He gives snow like wool;
He scatters the frost like ashes;
He casts His hail like morsels;
Who can stand before His cold?
He sends out His word and melts them;
He causes His wind to blow, and the waters to flow.

(Psalm 147:15-18)

- Light and darkness are controlled by Him, as Moses stretched out His hand toward heaven, at God's command, and there was darkness over the Land of Egypt (Exodus 10:22).
- All heavenly bodies move at His bidding. "When they (the wise men) heard the king they departed; and behold, the star which they had seen in the East went before them." (God caused it) (Matthew 2:9).

For this reason, **that** Jesus is "upholding (presently, continually) all things by the word of His power" (Hebrews 1:3), we must bow down to His sovereignty and believe on Him. By the utterance of divine power, the word utters His power.

"Again, God hath spoken once, twice I have heard this: that the power belongeth unto God" (Psalm 62:11).

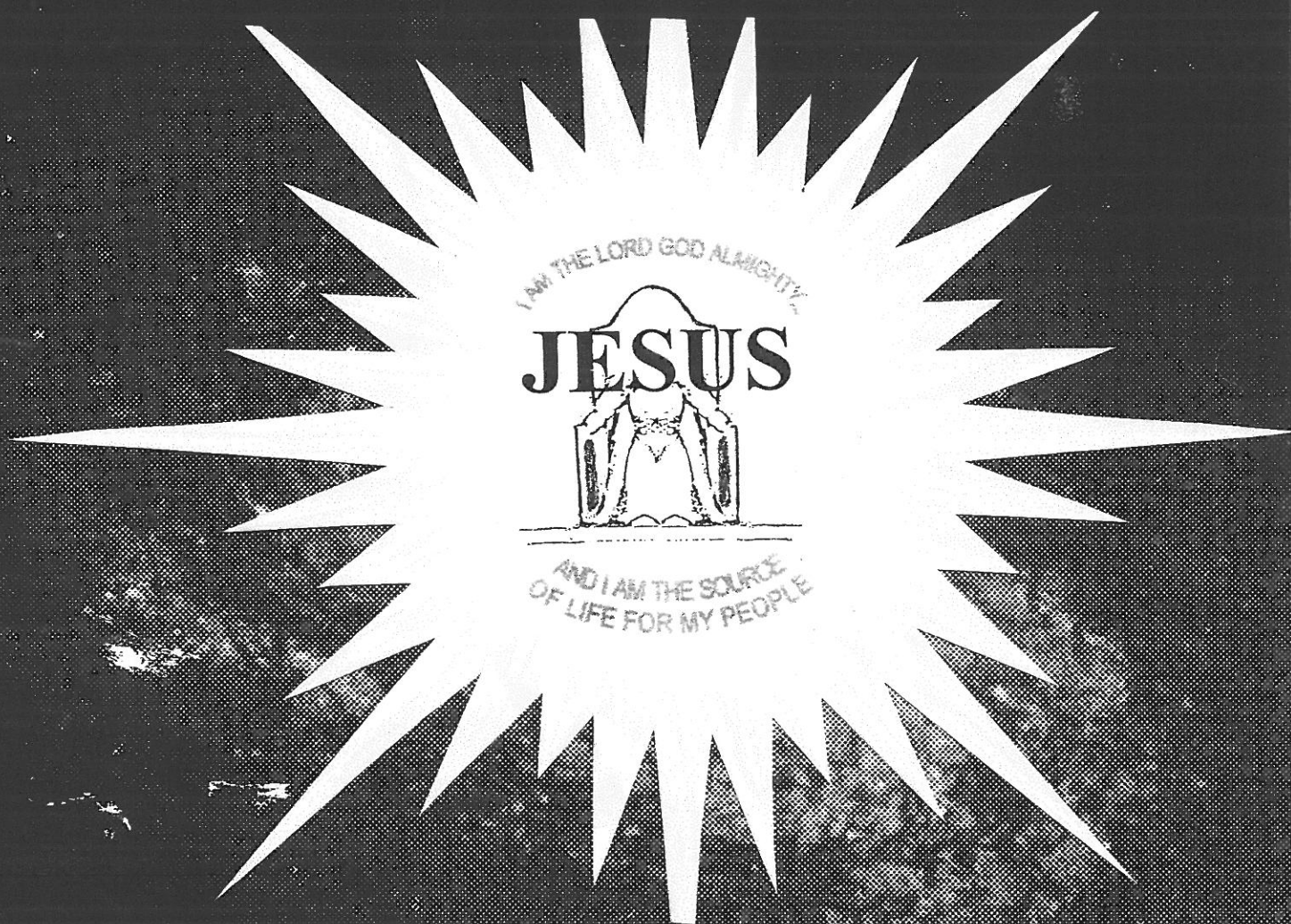
Let us not be like the Israelites who limited the Holy One of Israel because they did not remember His power (Psalm 78).

Ending comments

Can I count on Jesus to ...?

First we look at Him, then we find the promises.
Thank Him

I saw the Lord sitting on a throne, high and lifted up, and the train of His robe filled the temple... my eyes have seen the King, the LORD of Hosts. Isaiah 6:1, 5

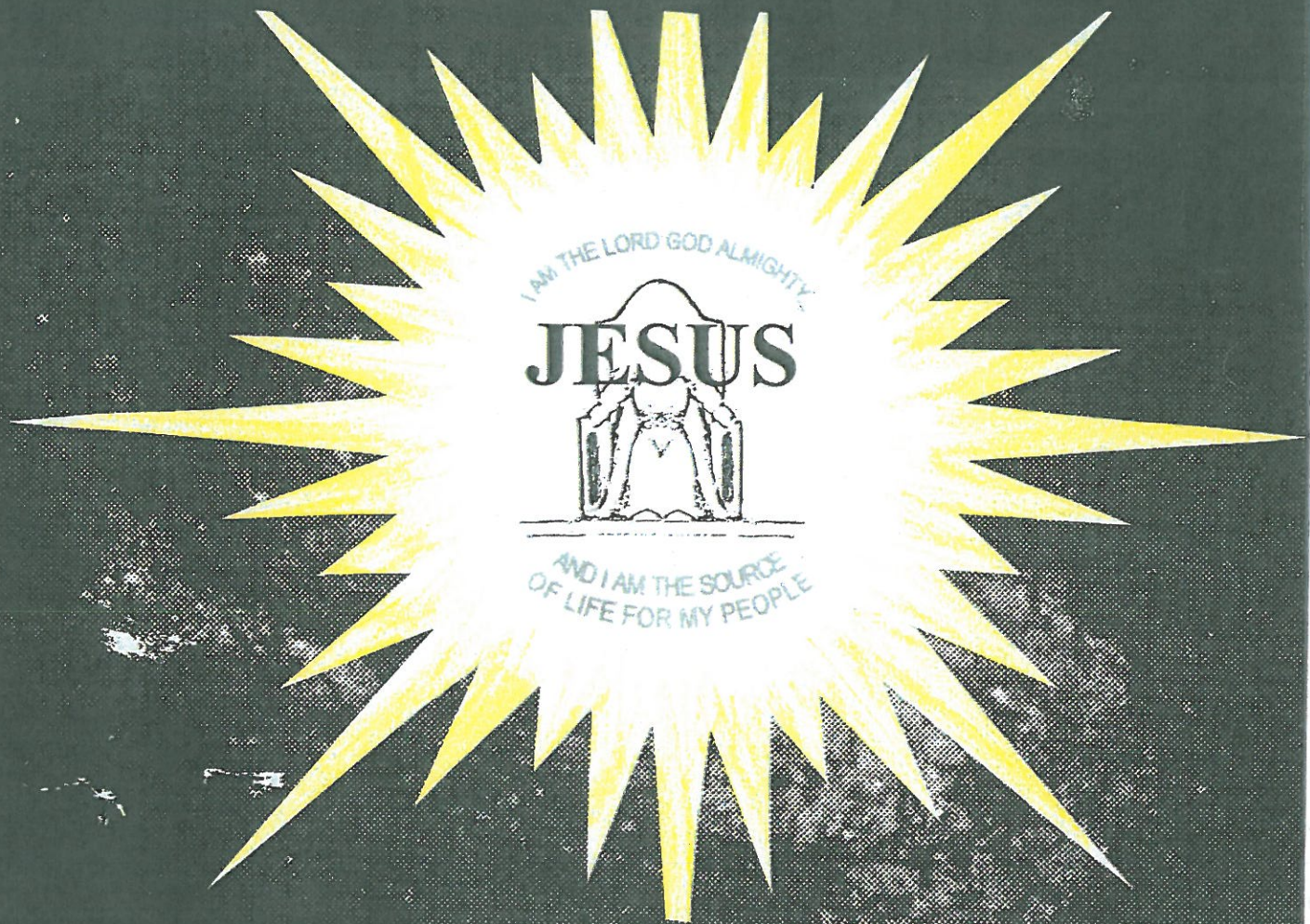


The Sovereignty of Jesus

- His **realm** (or scope of His rule) is transcendent; that is, not only does it include the entire physical universe, but it exceeds it. He existed before all creation, He expands beyond it, and by virtue of having begotten it, He encompasses all that it is.
- His **reign** (or the power by which He rules) is exercised by His will, His word, and His works.
- His **regency** (or authority to rule) is in His preexistence and holiness. He is there before creation "In the beginning." Thus, as its Creator, He deserves to be its Potentate.

In the beginning God (Elohim) created the heavens and the earth. Genesis 1:1

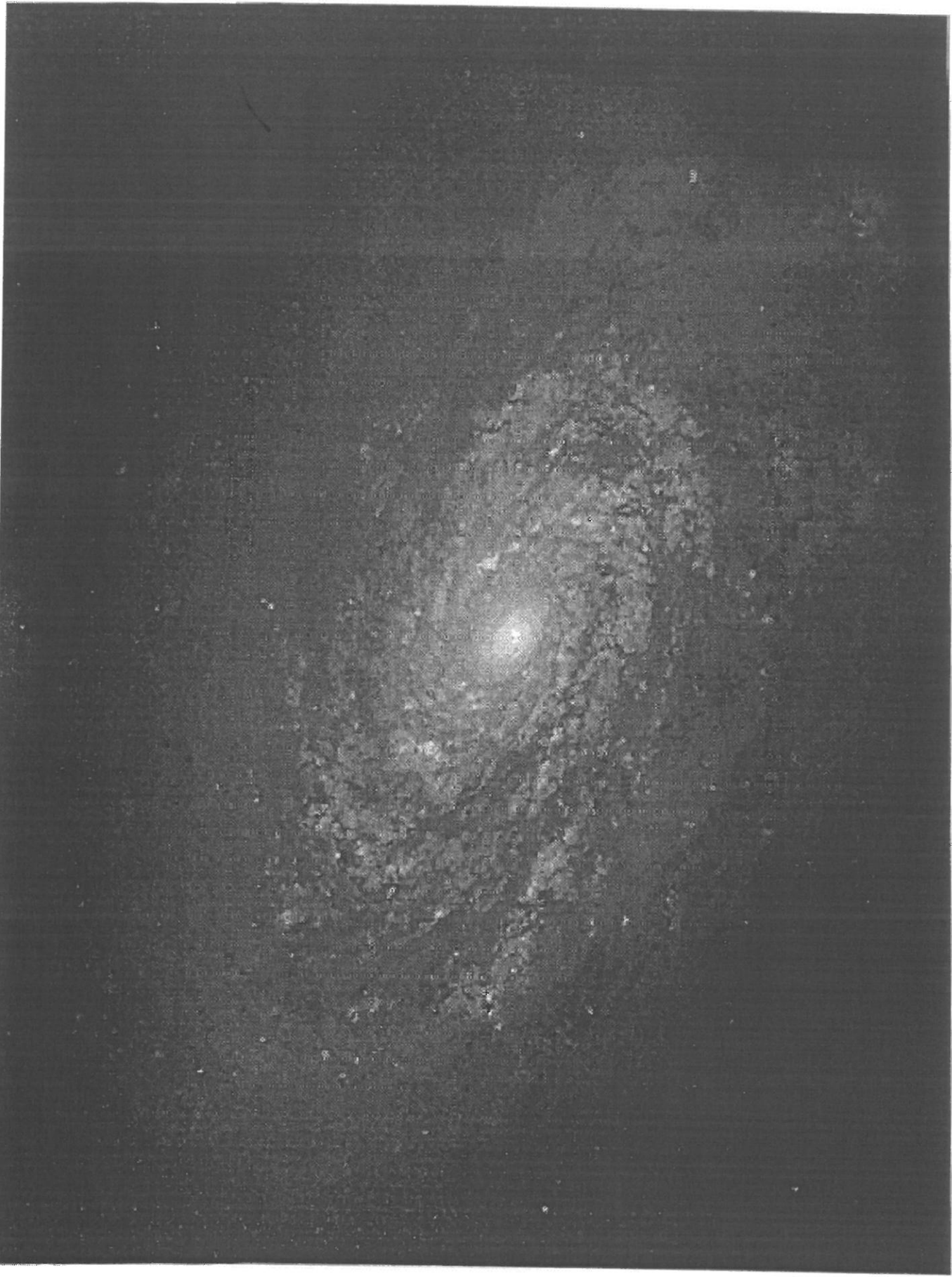
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Jesus not only brought the universe into existence but continues to sustain it by His power. This is the One who says, Let not your heart be troubled, you believe in God, believe also in Me."

For reflection: The Testimony of God in Creation Job 37 - 39

Believe

"Let not your heart be troubled; you **believe** in God, **believe** also in Me."
John 14:1 KJV

(1)

The disciples were completely bewildered and discouraged. Jesus had said He was going away (7:34; 8:21; 12:8, 35; 13:33), that He would die (12:23-33), that one of the Twelve was a traitor (13:21), that Peter would disown Him three times (13:38), that Satan was at work against all of them (Luke 22:31-32), and that all the disciples would fall away (Matthew 26:31). The cumulative weight of these revelations must have greatly depressed them.

The Bible Knowledge Commentary by
Walvoord & Zuck

(2)

Do not let your hearts be troubled: the form of the imperative *me tarassetho* implied that they should "stop being troubled". "Set your mind at ease" would be a good translation.

The Expositor's Bible Commentary by F.
Gaebelein

(3)

Our Responsibility:

One's heart is the center of his personality. Each believer is responsible for the condition of his heart (cf Prov 3:1, 3, 5; 20:9)

Proverbs 4:23: *Keep your heart with all diligence, for out of it spring the issues of life.*

The Bible Knowledge Commentary by
Walvoord & Zuck

(4)

Believe

To believe in, or on, is more than mere acceptance of a statement. It is so to accept a statement or a person as to rest upon them, to trust them practically; to draw upon and avail one's self of all that is offered to him in them.

Vincent Word Studies of the N.T.

"Believing is the absolute transference of trust from one's self to another."

Cannon Westcott

JESUS SAYS:

**Trust ME, to be to you
all that I AM...**